



CEU COURSE

CREATING NURTURING SPACES THAT HONOR YOU:
USING THE WELLBEING SCIENCE OF BIOPHILIA IN YOUR KITCHEN AND BATH

CONTINUING EDUCATION PROGRAM

1 HOUR CE CREDIT - AIA/HSW, IDCEC/HSW, NARI, NKBA and GBCI



DESCRIPTION

Join this interactive, visually captivating, and research-driven presentation. In it you will be guided through an overview of how to use the psychology of interior design and the healing science of nature, known as biophilia, within your kitchen and bath spaces to nurture your wellbeing and intentional quality of life.

LEARNING OBJECTIVES

1. Provide an overview of the research-driven framework of biophilic architecture and design for sustainability and client wellbeing
2. Explain how the evidence-based benefits of biophilia within kitchen and bath spaces can support design clients within the broader concepts of sustainable design and environmental psychology
3. Investigate essential considerations when applying biophilic design principles to the design process of kitchen and bath spaces to reduce stress, mitigate fall-risk and foster client wellbeing
4. Compare a range of diverse scenarios outlining client's kitchen and bath needs and apply appropriate application solutions utilizing biophilic design principles to help meet client's sustainability and wellbeing goals unique to those who live in the space.

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